



Product Code 7988

Weight per item 12g
 Items per box 250 approx
 Weight per box 3.00kg net
 Pallet Stacking 11 layers of 17
 Produced in UK
 Specification Date 31 Dec 2017

Organic Raw Pork Meatballs 12g

Raw pork meatballs with a mild seasoning produced from UK reared, Organic certified pork and ingredients. Supplied individually frozen for convenience.

Ingredients:

Pork*(62%); Water; Breadcrumb [**wheat** flour*(with calcium carbonate, iron, niacin and thiamin), sea salt, yeast]; Pork Fat*; Sugar*; Sea Salt; Parsley*; Sage*; Rapeseed Oil*; Black Pepper*; Nutmeg*; Coriander*

*Ingredients are Organic

Allergen advice: For allergens, including cereals containing gluten, see ingredients in **bold**

CAUTION: ALTHOUGH CARE HAS BEEN TAKEN TO REMOVE ALL BONES, SOME BONES MAY REMAIN.

Recommended Cooking Instructions:

Place frozen meatballs on a lined baking tray, sprinkle with a little water and cover. Cook for 25-30 minutes at Gas 4/180°C/350°F, less for convection ovens. Turn the meatballs after 15 minutes and remove the lid. Alternatively, steam cook from frozen at 130°C for 15-20 minutes. As ovens vary it may be necessary to amend these times. Ensure product reaches a minimum core temperature of 75°C (or to national standards) before consumption.

Distributor Product Codes

Please contact Green Gourmet for your distributor's code for this product.

Storage Instructions: Store below -18C. Do not refreeze.

Shelf Life: 9 months from manufacture



GB-ORG-05
 EU & Non EU Agriculture

Nutritional information

(Typical values per 100g as served)

Energy kJ\100g	918
Energy kcal\100g	219
Fat g\100g	12.6
Saturated Fat g\100g	6.9
Mono-unsaturated Fat g\100g	4.4
Polyunsaturated Fat g\100g	2.2
Carbohydrate g\100g	11.3
Sugars g\100g	2.0
Fibre g\100g	0.5
Protein g\100g	15.2
Salt g\100g	1.0
Sodium g\100g	0.4
Iron mg\100g	1.1
Zinc mg\100g	2.2
Calcium mg\100g	25.0
Vitamin A µ\100g	0.0
Vitamin C mg\100g	0.0
Folates µ\100g	7.0