



Product Code 71217

Weight per item: 30g approx
 Items per box: 100 approx
 Weight per box: 3kg
 Pallet Stacking: 11 layers of 17
 Produced in Holland
 Date of issue: 16/04/2020

MSC Gluten-Free Breaded Fish Fillet Finger 30g

Raw MSC certified Wild Alaskan Pollock with Marine Conservation Society Sustainability Rating of 2, coated in a gluten free coating. Supplied individually frozen for ease of service. Gluten free.

Ingredients:

Alaskan Pollock (60%) (FISH); Rice Flour, Water, Maize Flour, Sunflower Oil, Modified Starch, Starch, Stabiliser (Methylcellulose), Dextrose, Vegetable Fibre (Bamboo), Emulsifier (Mono and Diglycerides of Fatty Acids), Salt, Raising Agents (Sodium Carbonates, Potassium and Sodium Disphosphates).

CAUTION: ALTHOUGH CARE HAS BEEN TAKEN TO REMOVE ALL BONES, SOME BONES MAY REMAIN.

Allergen advice: For Allergens, see ingredients in CAPITALS.

Recommended Cooking Instructions:

Cook from frozen on a lined baking tray for around 18-20 minutes (Gas 6/220°C/425°F; less for convection ovens). Check product is a minimum of 75°C (or to national standards) before serving. If storing in a hot cupboard, keep covered to prevent drying out.

Nutritional Information

(typical values grams/100g as sold)

Distributor Product Codes

Please contact Green Gourmet for your distributor's code for this product.

Storage Instructions:

Keep frozen at -18°C. If allowed to defrost, do not refreeze.

Shelf Life:

18 months from manufacture

Energy KJ/100g	972.0
Energy Kcal/100g	232.0
Fat g/100g	9.9
of which saturated fat g/100g	1.1
Carbohydrate g/100g	24.0
of which sugars g/100g	0.6
Fibre g/100g	0.9
Protein g/100g	11.2
Salt g/100g	0.3



If you have any queries, please contact: customerfeedback@greengourmet.co.uk