


Product name:	 Pizza Power 11" x 15" Cheese & Tomato Pizza 850g
Legal Description:	Pizza base made with white and wholemeal flours, dried seaweed, topped with a tomato & roasted red pepper sauce and a blend of Mozzarella and Cheddar cheese
Recipe and Brand Owner:	Eat Balanced Limited 47 Pettycur Road, Kinghorn Fife, Scotland, KY3 9RN
Contact:	Donnie Maclean, CEO and Founder donnie@eatbalanced.com 0141 366 3669
Manufacturer name:	VICTOR PIZZA Ltd
Manufacturer address:	90-94 Glentinar Road Balmore Industrial Estate Glasgow G22 7XA
Telephone:	0141 881 5837
Contact:	David Cornish – General Manager
e-mail	David@victorpizza.co.uk

Taste:	Bready wholemeal pizza base with flavours of herbaceous tomato, sweet red pepper & mild cheese.
Texture:	Base: open & doughy texture. Cheese – smooth & slightly elastic.
Colour:	Pale golden base with visible flecks of wholemeal flour & seaweed, red sauce & white cheese.
Ingredients:	<p>Pizza Base: (56%) Fortified Wheat Flour (Wheat Flour, Wheat Gluten, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Wholemeal Wheat Flour, Yeast, Pysllium Husk Powder, Rapeseed Oil, Dried seaweed (Ascophyllum nodosum species), Salt,</p> <p>Cheese Topping (21%) (Mozzarella Cheese (Milk), Mature Cheddar Cheese (Milk), Anti-caking Agent: Potato Starch),</p> <p>Sauce Topping (23%): (Tomato Sauce (Tomatoes, Salt, Sunflower Oil, Sugar, Herbs & Spices (Oregano, Pepper, Basil, Garlic), Acidity Regulator: Citric Acid), Water, Red Pepper Paste (Grill Roasted Red Peppers, White Wine Vinegar, Sunflower Oil, Salt)).</p>
Allergy Advice:	Allergens are dairy (milk / cheese) and gluten from wheat, see ingredients in bold .

Nutritional Information		
<i>Calculated from supplier's specifications</i>		per 100g as sold
Energy		912 kJ / 216 kcal
Fat		5.0g
of which saturates		2.8g
Carbohydrate		30.4g
of which sugars		1.6g
Fibre		3.5g
Protein		10.9g
Salt		0.58g

Front of pack g/100g:	Energy	Fat	Saturates	Sugars	Salt
	915 kJ				
	217 kcal	5.0g	2.8g	1.6g	0.58g
	11%	8%	15%	2%	8%
% Reference intake of an average adult (8400kJ/2000kcal)					

Cooking Instructions

To Oven Cook

All cooking appliances vary in performance. We have given you these cooking instructions as a guide only.

For best results **defrost before cooking.**

Pre-heat oven to **200°C/400°F/Gas Mark 6**. Remove all packaging.

Place directly onto the middle shelf. Cook for approx. **8 - 10 minutes**, or until the crust turns brown and the cheese begins to bubble. Remove product carefully from oven when cooked. Do not reheat.

For fan assisted ovens, reduce time to **6-8 minutes**. Cooking times may vary for individual appliances; Always check that the product is piping hot before serving.

Microbiological Guidelines – start of life

TEST	TARGET	MAX. ACCEPTABLE
Aerobic Colony Count (ACC)	<100,000 (10 ⁵)	5 x 10 ⁶
Enterobacteriaceae	<100	10,000
E. Coli	<10	100
Listeria spp	<10	100
Salmonella spp	Not detected in 25g	Not detected in 25g
Coagulase positive staphylococci (s. aureus)	<20	100

Allergen Information	Does product contain?	Handled in factory?
Cereals	Yes (wheat flour)	Yes
Nuts	No	No
Seeds & Derivatives	Yes (Psyllium Seed)	Yes (Psyllium Seed)
Mustard / Mustard Derivatives	No	No
Yeast	Yes	Yes
Additives	Yes (statutory flour additives, E330)	Yes
Preservatives	No	Yes
Artificial flavourings	No	No
Colour: Natural	No	Yes
Colour: Artificial	No	No
MSG (mono sodium glutamate)	No	No
HVP (hydrolysed veg. protein)	No	Yes (Turkey Ham)
Dairy Products	Yes (cheese)	Yes
BHA/BHT (>1ppm)	No	No
Egg / Egg Derivatives	No	No
Shellfish / Shellfish oil / Derivatives	No	No
Other Fish / Fish oil / Derivatives	No	No
Bovine or by products	No	Yes (Beef & Chicken Pepperoni)
Animal products or by products (except dairy & bovine products)	No	Yes (Beef & Chicken Pepperoni, Turkey Ham)
Milk Allergen	Yes (cheese)	Yes
Soya Allergen	No	Yes (HVP / Soya Flour)
Egg Allergen	No	No
Mustard Allergen	No	No

Celery Allergen	No	No
Added Salt	No	N/A
Added Sugar	No	N/A
Garlic	Yes (tomato sauce)	Yes
Caffeine	No	No
Potassium based Salt Substitute	No	No
Phenylalanine	No	No

Is the product?	
Organic	No
GM Free	Yes
Suitable for Halal	Yes
Suitable for Vegetarians	Yes
Suitable for Vegans	No
Suitable for Coeliacs	No
Suitable for a dairy & lactose free diet	No
Suitable for nut allergy sufferers	Yes

Target Weights

Component	Weight
Baked Pizza Base	465g
Tomato Sauce	170g
Cheese / Cheese Flavour Topping	175g
TOTAL WEIGHT	850g

Metal Detection		
Parameter	Limits of Detection	Frequency
Ferrous	2.5mm	Every 30 minutes min.
Non Ferrous	4.0mm	Every 30 minutes min.
Stainless Steel	4.8mm	Every 30 minutes min.
Brass	4.5mm	Every 30 minutes min.

Shelf life	
Total shelf life from day of production:	Day of Production + 12 Months
Min shelf life on delivery:	6 Months

Storage Conditions	
Recommended storage temperature of product:	Keep Frozen – Store between Min: -22°C Max: -18°C
If defrosted:	Store colder than +5°C and use within 48 hours of defrost.

Authorised By:

Date:

Signature: